LUNCH MENU SERVED 12-3PM

TOASTIES PROPER COMFORT FOOD

FARMHOUSE TOASTIE 8.95

Hickeys honey-baked ham and Irish cheddar melted on Roundstone sourdough. 1r,1w,7 GFA

3 CHEESE TOASTIE 8.95

A cheesy trio of Irish red cheddar, white cheddar, and mozzarella grilled on Roundstone sourdough. 1r,1w,7 GFA

BLT 10.90

Crispy smoked streaky bacon, fresh lettuce, tomato, mayo, all packed into Roundstone sourdough. 1r,1w,3,7,10 GFA

SOUPS & CHOWDER PROPER WARMERS

SOUP OF THE DAY 6.50

Freshly made and served with stout brown bread. 1w,3,6,7,9,12 GFA

GALWAY BAY SEAFOOD CHOWDER 10.50

A hearty mix of smoked Galway haddock, salmon, hake, and cod, served with stout brown bread. 1w.2,4,7,9,14 GFA



STARTERS & SALADS

BBQ CHICKEN WINGS 10.50

Tossed in a Homemade Hoisin BBQ glaze with sesame seeds, a blue cheese dip on the side. 1w,2,3,4,6,7,9,10,11,12,14 GFA GO LARGE WITH FRIES: ADD 5.00

GOAT'S CHEESE SALAD 12.00

Traditionally crafted Aran Island goat's cheese pearls, poached pear, mixed greens, candied pecans, and balsamic dressing 7,8p,10 GFA

VEGAN FALAFEL & HUMMUS SALAD 15.00

Smoked paprika hummus with mixed greens, balsamic dressing. **6.11.12 GFA**

LUNCH MAINS IRISH CLASSICS DONE RIGHT

GALWAY HOOKER BEER-BATTERED FISH & CHIPS 18.90

Fresh fish of the day in Galway Hooker beer batter, served with minted peas and tartar sauce. **1b,1w,3,4,10**

GALWAY FISH TACOS 17.90

Beer-battered fresh fish in soft shell tacos with baby gem lettuce and coriander-lime aioli, mango salsa and fries. 1b,1w,3,4,7,10

SLOW-COOKED IRISH GUINNESS BEEF STEW 16.90

Tender Irish beef slow cooked in Guinness, served with creamy mash and seasonal root vegetables. **1b,1w,7,9,12**

GUINNESS BANGERS & MASH 16.90

Handcrafted Loughnanes butcher sausages, mash and rich onion gravy. 1b,1w,7,9,10,12

COCONUT CHICKEN CURRY 16.90

Mildly spiced chicken curry served with basmati rice and a crispy poppadom. **7,10 GFA**

CAJUN CHICKEN FILLET BURGER 16.90

Grilled chicken fillet with baby gem lettuce, tomato, Applewood smoked cheddar, and coriander-lime aioli on a toasted brioche bun, served with chips 1w,3,7,10 GFA

PULLED PORK BURGER 16.90

Slow-braised pork shoulder in Hoisin BBQ sauce, with baby gem lettuce and crispy shallots on a toasted brioche bun, served with chips. 1w,2,3,4,6,7,9,10,12 GFA

CHICKEN GOUJONS & CHIPS 12.90

Crispy chicken tenders, fresh garlic mayo. 1w,3,7

UPGRADE YOUR CHIPS GO FANCY

PULLED PORK FRIES 7.90 / ADD TO ANY MAIN FOR 4.00

Topped with slow-cooked pork and Hoisin BBQ sauce. 1w,2,4,6,9,12,14

TRUFFLE & PARMESAN FRIES 6.90 / ADD TO ANY MAIN FOR 3.00

Drizzled with truffle oil and sprinkled with Parmesan. 7 GFA

ALLERGENS:

1b Gluten–Barley, 1o Gluten-Oats, 1r Gluten-Rye, 1w Gluten-Wheat, 2 Crustacean, 3 Egg, 4 Fish, 5 Peanut, 6 Soybean, 7 Dairy, 8a Nuts-Almonds, 8c Nuts-Cashew, 8p Nuts-Pecan, 9 Celery, 10 Mustard, 11 Sesame seeds,12 Sulphur, 13 Lupin, 14 Molluscs.

GFA - Gluten Free Available, V - Vegetarian Option Available

DESSERTS

HOMEMADE DESSERT OF THE DAY 7.90

WARM MIXED BERRY TARTLET 6.90

Red berries and served with vanilla & bourbon ice cream. 1w,3,12

WARM STICKY TOFFEE PUDDING 6.90

Served with vanilla & bourbon ice cream. 1w.3.7 GFA

DIRTY BUENO WAFFLE STACK 7.90

Layered with caramel ice cream and a drizzle of hazelnut chocolate sauce. **1b,1w,3,6,7**

HOT DRINKS

IRISH COFFEE 8.00

CONNEMARA COFFEE 8.00

BELFAST COFFEE 8.00

BAILEY'S HOT CHOCOLATE 7.00

COOLE SWAN HOT CHOCOLATE 7.00

JACK & HONEY HOT WHISKEY 7.00

JAMESON HOT WHISKEY 7.00

TEA 2.20

AMERICANO 3.00

CAPPUCCINO/LATTE 3.50